



**CAPITAL
RECOVERY
CENTER**
A PEER-SUPPORTED COMMUNITY
BUILDING HOPE

CRC Groups / October - December 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 - 10 AM	Coffee & Donuts	Coffee & Donuts	Coffee & Donuts	Coffee & Donuts	Coffee & Donuts
11 - 12PM	Budgeting	Recovery Music	Employment & Schooling Support	Finding Your Best self	Admin Day Outreach & Shopping
12 - 1PM	Open	Lunch Served	Lunch Served	Lunch Served	
1:30 - 2:30	Games	Art Group	Seeking Safety	Meal Planning	
3 - 4PM	Wrap Up & Closing Tasks	Wrap Up & Closing Tasks	Wrap Up & Closing Tasks	Wrap Up & Closing Tasks	